EASTLAND MALL
Location: 18000 Vernier Road (Eight Mile Rd.) west of I-94; Harper Woods
Doors Open: 8 a.m. Monday through Sunday
Distance: One lap is one mile.
Phone: (313) 371-1500
Additional: - Register at Customer Service and receive a badge.
- After first 100 miles walker receives a t-shirt, after 1000 miles another t-shirt is awarded.

FAIRLANE TOWN CENTER
Location: 8900 Michigan Avenue and Southfield Expressway; Dearborn
Doors open: 7 a.m. Monday through Sunday
Distance: One lap of complete lower level including arcades is .8 of a mile.
Phone: (313) 593-3330
Additional: - Enter main doors (near Cinnabon).
Web address: www.shopfairlane.com
**GREAT LAKES CROSSING**

**Location:** Baldwin Road and 1-75, Exit 84; Auburn Hills  
**Doors open:** 7 a.m. Monday through Sunday  
**Distances:** If you follow the track, one lap is .8 of a mile. If you follow the outside perimeter to the doors, one lap is 1.2 miles.  
**Phone:** (248) 454-5000 or 1-877-SHOPGLC  
**Additional:**  
- New Michigan Adventure Walking Club! Get a t-shirt just for registering. Member benefits include FREE quarterly breakfast and daily health tips.  
- Program sponsored by St. Joseph Mercy Oakland.  


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**LAKESIDE MALL**

**Location:** Hall Road (M-59) and Schoenherr; Sterling Heights  
**Doors open:** 8 a.m. Monday through Saturday, 10 a.m. on Sunday  
**Distances:** One lap on the lower level is .75 of a mile. One lap on the 2nd level, including the food court, is about one mile.  
**Phone:** (586) 247-1590  
**Additional:**  
- There is a coat rack available from 8 a.m. to 10 a.m. located in the lower level J C Penney Wing.

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**LAUREL PARK PLACE**

**Location:** Six Mile Road (1/4 mile east of I-275); Livonia  
**Doors open:** 7 a.m. Monday through Saturday, 7 a.m. on Sunday  
**Distance:** One lap (inside perimeter of the shopping center - maroon tile) is .6 of a mile.  
**Phone:** (734) 462-1100  
**Additional:**  
- Mall walking club sponsored by St. Mary Mercy Hospital.  
- Free blood pressure screenings every 4th Monday of the month from 8 a.m. to 10 a.m. in Center Court of mall.

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**LIVONIA MALL**

**Location:** 29514 Seven Mile Road and Middlebelt Road; Livonia  
**Doors open:** 7 a.m. Monday through Saturday, 9 a.m. on Sunday  
**Distances:** One lap including the arcades is approximately one mile.  
**Phone:** (248) 476-1160  
**Additional:**  
- Use entrance by Mervyn’s.  
- Botsford Hospital conducts blood pressure screenings on the 3rd Wednesday of each month.

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**MACOMB MALL**

**Location:** Masonic (13-1/2 Mile) and Gratiot; Macomb  
**Doors open:** 7 a.m. Monday through Saturday, 9 a.m. on Sunday  
**Distances:** One lap is .8 of a mile.  
**Phone:** (586) 293-7800  
**Additional:**  
- Use the entrance near the mall office (between Silver Cinemas and Kohl’s).  
- Pick up a registration form at either the Customer Service Center or Security Office.
**NORTHLAND MALL**

Location: John C. Lodge Freeway and Greenfield; Southfield
Doors open: 8 a.m. Monday through Saturday, 10:30 a.m. on Sunday
Distances: One lap of the internal perimeter, including arcades is about 1 mile.
Phone: (248) 569-6272
Additional: - Mall walking club, Northland Pacers.
- Use entrance near T.J. Maxx

**OAKLAND MALL**

Location: 14 Mile Road and John R Road; Troy
Doors open: 7 a.m. Monday through Saturday, 8 a.m. on Sunday
Distances: The upper level and lower level of Oakland Mall are .2 of a mile each, the main level is .6 of a mile. Circle the outside perimeter of all three levels to complete a one-mile walk.
Phone: (248) 585-6000
Additional: - Register to walk at the lower level information desk during mall hours.
- Before regular hours, use the main entrance and Steve and Barry’s entrance.
Web address: www.oaklandmall.com/mallwalkers.shtml

**SOMERSET MALL**

Location: Big Beaver and Coolidge Roads; Troy
Doors open: 7 a.m. Monday through Sunday
Distances: Once around any level at North equals about .3 of a mile. Once around any level at South equals a little over .25 of a mile. One way across the Skywalk equals .125 of a mile.
Phone: (248) 643-6360
Additional: - Call the phone number above to get a parking sticker.
- Park on level 3 behind Neiman-Marcus.
- Mall walking club, the Sky Walker Club meets on the 3rd Wednesday each month from October 20 – April 20 from 8 – 9:30 a.m. – check in at Starbucks South

**SOUTHLAND MALL**

Location: 2300 Eureka Road (1/4 mile east of Telegraph); Taylor
Doors open: 7:30 a.m. Monday through Saturday, 9:30 a.m. on Sunday
Distances: The entire mall perimeter is just over one mile.
Phone: (734) 374-2800, ext. 7023
Additional: - Use entrance closest to Marshall Field’s (when looking at Marshall Field’s it is the door to the left). Identification is required.
**SUMMIT PLACE MALL**
Location: 315 N. Telegraph Road; Pontiac
Doors open: 7 a.m. Monday through Sunday
Distances: One lap is approximately one mile.
Phone: (248) 682-0123

**TWELVE OAKS MALL**
Location: 27500 Novi Road (just north of I-96); Novi
Doors open: 8 a.m. Mondays through Saturdays, 9 a.m. on Sundays
Distances: One lap of the upper level is approximately .8 of a mile. One lap of the lower level is approximately .5 of a mile.
Phone: (248) 348-9400
Additional: - Use the Lord & Taylor entrance (Valet entrance). Register at Main Information Desk.

**UNIVERSAL MALL**
Location: 28582 Dequindre and 12 Mile Road; Warren
Doors open: 8 a.m. Monday through Saturday, 10 a.m. on Sunday
Distances: One lap is .75 of a mile.
Phone: (586) 751-3161
Additional: - Walkers should enter on the south side of the Mall.
- Walking program sponsored by St. John’s Oakland General. Register at Customer Service center in mall.

**WESTLAND MALL**
Location: Wayne and Warren Roads; Westland
Doors open: 7 a.m. Monday through Sunday
Distances: Walking the mall with all the arcades (hallways) is .75 of a mile. Walking the mall without all arcades (hallways) is .5 of a mile.
Phone: (734) 425-5001
Additional: - Use the doors by Arcade 2 (by Olga’s Kitchen) before 8:30 a.m.
- To join the walking program, complete a registration card at the Customer Service booth in the East Court. St. Mary Mercy Hospital offers community lectures and health screenings such as blood pressure checks.
- For more information contact the Community Outreach Department at St. Mary Mercy Hospital at (734) 655-8940.

Web address: www.westlandcenter.com

Note: Information in this guide is subject to change. Please contact the mall to confirm program information.